Mar 1, 2021 thru Apr 2, 2021

Base Menu Spreadsheet Portion Values - Detailed **ECE HOT BREAKFAST**

Page 1

Generated on: 2/4/2021 12:09:04 PM

	Portion	Cals	Sodm	Sugars	Protn	Carb	T-Fat
14 00/04/0004	Size	(kcal)	(mg)	(g)	(g)	(g)	(g)
Mon - 03/01/2021	T						
ECE HOT BREAKFAST	Total			_			
CS FR TOAST STICKS	SVG 3STICKS	197	227	7	4.54	28.76	7.57
CS PEACHES,CND,EXTRA LT SYRUP	1/2 CUP	60	5	13	0.0	14.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		387	392	35	15.54	58.76	10.07
% of Calories				36.0%	16.1%	60.8%	23.4%
Nutrient Guideline		350-500	540				
Tue - 03/02/2021							
ECE HOT BREAKFAST	Total						
CREAM CHEESE PACKET (KRAFT)	PACKET	70	115	1	1.0	1.0	7.0
BAGEL, PLAIN (BURRY)	1 EACH	180	200	3	7.0	35.0	1.0
CS FRUIT CKTL,CND,XTRA LT SYRP	1/2 CUP	60	5	12	0.0	15.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		262	282	28	12.07	32.35	9.51
% of Calories		202	202	42.8%	18.4%	49.4%	32.7%
70 of Galorico				12.070	10.170	10.170	02.770
Nutrient Guideline		350-500	540				
Wed - 03/03/2021							
ECE HOT BREAKFAST	Total						
CS WAFFLES,MINI MPLE(KELLOGGS)	PACKAGE	200	220	10	4.0	35.0	5.0
CS PEARS,CND,EXTRA LÌGHT SYRUP	1/2 CUP	60	5	12	0.0	16.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		390	385	37	15.00	67.00	7.50
% of Calories				37.9%	15.4%	68.7%	17.3%
Nutrient Guideline		350-500	540				
Numerit Guideline		330-300	340				
Thu - 03/04/2021							
ECE HOT BREAKFAST	Total						
CS BREAKFAST PIZZA	1 EACH	210	350	5	9.0	27.0	7.0
APPLESAUCE IW CUP (USDA)	1 EACH	51	2	11	0.0	14.0	0.0
` ,	1 CARTON			15		16.0	
MILK, PLAIN 1% (PRODUCERS)	I CARTON	130	160		11.0		2.5
Weighted Daily Average		370	477	30	19.10	54.30	8.80
% of Calories				33.0%	20.6%	58.7%	21.4%
Nutrient Guideline		350-500	540				
	·						
Fri - 03/05/2021							
ECE HOT BREAKFAST	Total	 					
	Total	60	100	2	4.0	140	4.0
CEREAL, KIX (ECE ONLY)	BOWL (0.6 OZ) 1/2 CUP	60	100	2	1.0	14.0	1.0
CS FRUIT ,CAN VARIETY		58	4	12	0.0	14.75	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		248	264	29	12.00	44.75	3.50
% of Calories				46.8%	19.4%	72.3%	12.7%
Nutrient Guideline		350-500	540				
			J . J				

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

^{1 -} Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Mar 1, 2021 thru Apr 2, 2021

Base Menu Spreadsheet Portion Values - Detailed **ECE HOT BREAKFAST**

Page 2

Generated on: 2/4/2021 12:09:04 PM

Mon - 03/08/2021 ECE HOT BREAKFAST CS PANCAKES, CNFETTI (KELLOGGS) FRUIT, FRESH VARIETY MILK, PLAIN 1% (PRODUCERS) Nutrient Guideline Tue - 03/09/2021 ECE HOT BREAKFAST CS EGG &CHEESE MUFFIN, WG APPLESAUCE IW CUP (USDA) MILK, PLAIN 1% (PRODUCERS) Nutrient Guideline Wed - 03/10/2021 ECE HOT BREAKFAST CS FR TOAST STICKS CS FRUIT CKTL, CND, XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Total SVG 3STICKS CS FRUIT CKTL, CND, XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CS FR TOAST STICKS CS FRUIT CKTL, CND, XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES, CND, EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) 1 CARTON Total CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES, CND, EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) 1 CARTON Weighted Daily Average % of Calories	190 51 130 387 350-500 197 60 130 387	(mg) 300 1 160 431 540 480 2 160 546 540	(g) 11 *10 15 *35 *36.1% 2 11 15 28 33.2%	12.0 0.0 11.0 20.60 24.7%	23.0 14.0 63.35 65.4% 23.0 14.0 16.0 48.40 58.1%	7.0 *0.26 2.5 *9.06 *21.1% 6.0 0.0 2.5 7.30 19.7%
ECE HOT BREAKFAST CS PANCAKES, CNFETTI (KELLOGGS) FRUIT, FRESH VARIETY MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Tue - 03/09/2021 ECE HOT BREAKFAST CS EGG &CHEESE MUFFIN ,WG APPLESAUCE IW CUP (USDA) MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Wed - 03/10/2021 ECE HOT BREAKFAST CS FR TOAST STICKS CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Total CS FR UOAST STICKS CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) UCARTON Total CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) UNITION UNighted Daily Average	190 51 130 387 350-500	1 160 431 540 480 2 160 546 540	*10 15 *35 *36.1% 2 11 15 28 33.2%	*0.85 11.0 *15.45 *16.0% 12.0 0.0 11.0 20.60 24.7%	14.95 16.0 63.35 65.4% 23.0 14.0 16.0 48.40 58.1%	*0.26 2.5 *9.06 *21.1% 6.0 0.0 2.5 7.30 19.7%
CS PANCAKES, CNFETTI (KELLOGGS) FRUIT, FRESH VARIETY MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Tue - 03/09/2021 ECE HOT BREAKFAST CS EGG &CHEESE MUFFIN, WG APPLESAUCE IW CUP (USDA) MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Wed - 03/10/2021 ECE HOT BREAKFAST CS FR TOAST STICKS CS FRUIT CKTL, CND, XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CS FR UIT CKTL, CND, XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES, CND, EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average Total CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES, CND, EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Ueighted Daily Average	190 51 130 387 350-500	1 160 431 540 480 2 160 546 540	*10 15 *35 *36.1% 2 11 15 28 33.2%	*0.85 11.0 *15.45 *16.0% 12.0 0.0 11.0 20.60 24.7%	14.95 16.0 63.35 65.4% 23.0 14.0 16.0 48.40 58.1%	*0.26 2.5 *9.06 *21.1% 6.0 0.0 2.5 7.30 19.7%
FRUIT, FRESH VARIETY MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Tue - 03/09/2021 ECE HOT BREAKFAST CS EGG &CHEESE MUFFIN ,WG APPLESAUCE IW CUP (USDA) MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Wed - 03/10/2021 ECE HOT BREAKFAST CS FR TOAST STICKS CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Total SVG 3STICKS CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Total Total Total CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average	190 51 130 387 350-500	1 160 431 540 480 2 160 546 540	*10 15 *35 *36.1% 2 11 15 28 33.2%	*0.85 11.0 *15.45 *16.0% 12.0 0.0 11.0 20.60 24.7%	14.95 16.0 63.35 65.4% 23.0 14.0 16.0 48.40 58.1%	*0.26 2.5 *9.06 *21.1% 6.0 0.0 2.5 7.30 19.7%
MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Tue - 03/09/2021 ECE HOT BREAKFAST CS EGG &CHEESE MUFFIN ,WG APPLESAUCE IW CUP (USDA) MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Wed - 03/10/2021 ECE HOT BREAKFAST CS FR TOAST STICKS CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Total CS FR TOAST STICKS CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Total Total CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average	130 387 350-500 190 51 130 333 350-500	160 431 540 480 2 160 546 540	15 *35 *36.1% 2 11 15 28 33.2%	11.0 *15.45 *16.0% 12.0 0.0 11.0 20.60 24.7%	16.0 63.35 65.4% 23.0 14.0 16.0 48.40 58.1%	2.5 *9.06 *21.1% 6.0 0.0 2.5 7.30 19.7%
Weighted Daily Average % of Calories Nutrient Guideline Tue - 03/09/2021 ECE HOT BREAKFAST CS EGG &CHEESE MUFFIN ,WG APPLESAUCE IW CUP (USDA) MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Wed - 03/10/2021 ECE HOT BREAKFAST CS FR TOAST STICKS CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Total Total Total Total Total TARTON Total Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) TOTAL TO	387 350-500 190 51 130 333 350-500	431 540 480 2 160 546 540	*35 *36.1% 2 11 15 28 33.2%	*15.45 *16.0% 12.0 0.0 11.0 20.60 24.7%	23.0 14.0 16.0 48.40 58.1%	*9.06 *21.1% 6.0 0.0 2.5 7.30 19.7%
Nutrient Guideline	350-500 190 51 130 333 350-500 197 60 130	540 480 2 160 546 540	*36.1% 2 11 15 28 33.2%	*16.0% 12.0 0.0 11.0 20.60 24.7% 4.54	23.0 14.0 16.0 48.40 58.1%	*21.1% 6.0 0.0 2.5 7.30 19.7%
Tue - 03/09/2021 ECE HOT BREAKFAST CS EGG &CHEESE MUFFIN ,WG APPLESAUCE IW CUP (USDA) MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Wed - 03/10/2021 ECE HOT BREAKFAST CS FR TOAST STICKS CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST Total CS FR TOAST STICKS CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) NUTRIENT TOTAL TOTAL PACKET BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) NUTRIENT TOTAL TO	190 51 130 333 350-500	480 2 160 546 540	2 11 15 28 33.2%	12.0 0.0 11.0 20.60 24.7%	23.0 14.0 16.0 48.40 58.1%	6.0 0.0 2.5 7.30 19.7%
Tue - 03/09/2021 ECE HOT BREAKFAST CS EGG &CHEESE MUFFIN ,WG APPLESAUCE IW CUP (USDA) MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Wed - 03/10/2021 ECE HOT BREAKFAST CS FR TOAST STICKS CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Total CARTON Total CARTON Total TCARTON TOTAL	190 51 130 333 350-500	480 2 160 546 540	11 15 28 33.2%	0.0 11.0 20.60 24.7%	14.0 16.0 48.40 58.1%	0.0 2.5 7.30 19.7%
Tue - 03/09/2021 ECE HOT BREAKFAST CS EGG &CHEESE MUFFIN ,WG APPLESAUCE IW CUP (USDA) MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Wed - 03/10/2021 ECE HOT BREAKFAST CS FR TOAST STICKS CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Total CARTON Total CARTON Total TCARTON TOTAL	190 51 130 333 350-500	480 2 160 546 540	11 15 28 33.2%	0.0 11.0 20.60 24.7%	14.0 16.0 48.40 58.1%	0.0 2.5 7.30 19.7%
ECE HOT BREAKFAST CS EGG &CHEESE MUFFIN ,WG APPLESAUCE IW CUP (USDA) MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Wed - 03/10/2021 ECE HOT BREAKFAST CS FR TOAST STICKS CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST Total CARTON Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average Very Carton Total Total CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Veighted Daily Average	350-500 197 60 130	2 160 546 540	11 15 28 33.2%	0.0 11.0 20.60 24.7%	14.0 16.0 48.40 58.1%	0.0 2.5 7.30 19.7%
ECE HOT BREAKFAST CS EGG &CHEESE MUFFIN ,WG APPLESAUCE IW CUP (USDA) MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Wed - 03/10/2021 ECE HOT BREAKFAST CS FR TOAST STICKS CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST Total CARTON Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average Weighted Daily Average	350-500 197 60 130	2 160 546 540	11 15 28 33.2%	0.0 11.0 20.60 24.7%	14.0 16.0 48.40 58.1%	0.0 2.5 7.30 19.7%
CS EGG &CHEESE MUFFIN ,WG APPLESAUCE IW CUP (USDA) MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Wed - 03/10/2021 ECE HOT BREAKFAST CS FR TOAST STICKS CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST Total CARTON Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average	350-500 197 60 130	2 160 546 540	11 15 28 33.2%	0.0 11.0 20.60 24.7%	14.0 16.0 48.40 58.1%	0.0 2.5 7.30 19.7%
APPLESAUCE IW CUP (USDA) MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Wed - 03/10/2021 ECE HOT BREAKFAST CS FR TOAST STICKS CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Total PACKET PACKET 1 EACH 1/2 CUP 1/2 CUP MILK, PLAIN 1% (PRODUCERS) Meighted Daily Average	350-500 197 60 130	2 160 546 540	11 15 28 33.2%	0.0 11.0 20.60 24.7%	14.0 16.0 48.40 58.1%	0.0 2.5 7.30 19.7%
MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Wed - 03/10/2021 ECE HOT BREAKFAST CS FR TOAST STICKS CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Total PACKET 1 EACH 1/2 CUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average	130 333 350-500 197 60 130	160 546 540 227 5	15 28 33.2% 7 12	11.0 20.60 24.7%	16.0 48.40 58.1%	2.5 7.30 19.7%
Weighted Daily Average % of Calories Nutrient Guideline Wed - 03/10/2021 ECE HOT BREAKFAST CS FR TOAST STICKS CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average Weighted Daily Average	333 350-500 197 60 130	546 540 227 5	28 33.2% 7 12	20.60 24.7% 4.54	48.40 58.1%	7.30 19.7%
Wed - 03/10/2021 Total SVG 3STICKS CS FR TOAST STICKS SVG 3STICKS CS FRUIT CKTL,CND,XTRA LT SYRP 1/2 CUP MILK, PLAIN 1% (PRODUCERS) 1 CARTON Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST Total CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) 1 EACH CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) 1 CARTON Weighted Daily Average 1 CARTON 1 CARTON Weighted Daily Average 1 CARTON 1 CARTON 1 CARTON Weighted Daily Average 1 CARTON 1 CARTO	350-500 197 60 130	540 227 5	33.2% 7 12	24.7%	28.76	19.7%
Wed - 03/10/2021 ECE HOT BREAKFAST CS FR TOAST STICKS CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average	197 60 130	227 5	12			7.57
Wed - 03/10/2021 ECE HOT BREAKFAST CS FR TOAST STICKS CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average	197 60 130	227 5	12			7.57
ECE HOT BREAKFAST CS FR TOAST STICKS CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average Total PACKET 1 EACH 1/2 CUP 1/2 CUP 1 CARTON	60 130	5	12			7.57
ECE HOT BREAKFAST CS FR TOAST STICKS CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average Total PACKET 1 EACH 1/2 CUP 1/2 CUP 1/2 CUP 1 CARTON	60 130	5	12			7.57
CS FR TOAST STICKS CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average SVG 3STICKS 1/2 CUP 1 CARTON	60 130	5	12			7.57
CS FRUIT CKTL,CND,XTRA LT SYRP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average	60 130	5	12			
MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES, CND, EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average	130			0.0		0.0
Weighted Daily Average % of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average		100		11.0	16.0	2.5
% of Calories Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST CREAM CHESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average	307	392	34	15.54	59.76	10.07
Nutrient Guideline Thu - 03/11/2021 ECE HOT BREAKFAST Total CREAM CHEESE PACKET (KRAFT) PACKET BAGEL, PLAIN (BURRY) 1 EACH CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) 1 CARTON Weighted Daily Average		332	35.0%	16.1%	61.8%	23.4%
Thu - 03/11/2021 ECE HOT BREAKFAST Total CREAM CHEESE PACKET (KRAFT) PACKET BAGEL, PLAIN (BURRY) 1 EACH CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) 1 CARTON Weighted Daily Average			33.070	10.170	01.070	25.770
ECE HOT BREAKFAST CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average	350-500	540				
ECE HOT BREAKFAST CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average						
CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average						
BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average						
CS PEACHES, CND, EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average	70	115	1	1.0	1.0	7.0
MILK, PLAIN 1% (PRODUCERS) 1 CARTON Weighted Daily Average	180	200	3	7.0	35.0	1.0
Weighted Daily Average	60	5	13	0.0	14.0	0.0
Weighted Daily Average	130	160	15	11.0	16.0	2.5
% of Calories	440	480	32	19.00	66.00	10.50
			29.1%	17.3%	60.0%	21.5%
Nutriont Cuidolino	350-500	540				
Nutrient Guideline	350-500	540				
Fri - 03/12/2021						
ECE HOT BREAKFAST Total						
CS WAFFLES,MINI MPLE(KELLOGGS) PACKAGE			10	4.0	35.0	5.0
CS FRUIT ,CAN VARIETY 1/2 CUP	200	220				0.0
MILK, PLAIN 1% (PRODUCERS) 1 CARTON	200 58	220 4		0.0	14.75	
Weighted Daily Average	58	4	12	0.0	14.75 16.0	
% of Calories	58 130	4 160	12 15	11.0	16.0	2.5
Nutrient Guideline	58	4	12			

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Mar 1, 2021 thru Apr 2, 2021

Base Menu Spreadsheet Portion Values - Detailed **ECE HOT BREAKFAST**

Page 3

Generated on: 2/4/2021 12:09:04 PM

	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Mon - 03/15/2021		, ,	, ,,	,,,	.07		
ECE HOT BREAKFAST	Total						
CEREAL, KIX (ECE ONLY)	BOWL (0.6 OZ)	60	100	2	1.0	14.0	1.0
CS FRUIT CKTL, CND, XTRA LT SYRP	1/2 CUP (60	5	12	0.0	15.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		250	265	29	12.00	45.00	3.50
% of Calories		200	200	46.4%	19.2%	72.0%	12.6%
70 of Galorics				10.170	10.270	12.070	12.070
Nutrient Guideline		350-500	540				
Tue - 03/16/2021							
ECE HOT BREAKFAST	Total						
CREAM CHEESE PACKET (KRAFT)	PACKET	70	115	1	1.0	1.0	7.0
BAGEL, PLAIN (BURRY)	1 EACH	180	200	3	7.0	35.0	1.0
APPLESAUCE IW CUP (USDA)	1 EACH	51	2	11	0.0	14.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average	TOARTON	431	477	30	19.00	66.00	10.50
% of Calories		431	4//	27.8%	17.6%	61.3%	21.9%
76 Of Calones				21.070	17.076	01.370	21.9/0
Nutrient Guideline		350-500	540				
Wed - 03/17/2021							
ECE HOT BREAKFAST	Total						
CS BREAKFAST PIZZA	1 EACH	210	350	5	9.0	27.0	7.0
CS PEACHES, CND, EXTRA LT SYRUP	1/2 CUP	60	5	13	0.0	14.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		358	445	32	18.20	51.60	8.10
% of Calories				35.8%	20.3%	57.7%	20.4%
Nutrient Guideline		350-500	540				
TOUTON CUIDONIO	1	000 000	0.10		l		
Thu - 03/18/2021							
ECE HOT BREAKFAST	Total						
CS WAFFLES,MINI MPLE(KELLOGGS)	PACKAGE	200	220	10	4.0	35.0	5.0
CS PEARS, CND, EXTRA LIGHT SYRUP	1/2 CUP	60	5	12	0.0	16.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average	1 0/11/1011	390	385	37	15.00	67.00	7.50
% of Calories		390	303	37.9%	15.4%	68.7%	17.3%
70 OI GUIONOG				07.070	10.170	00.70	17.070
Nutrient Guideline		350-500	540				
Fri - 03/19/2021							
ECE HOT BREAKFAST	Total						
CS EGG &CHEESE MUFFIN ,WG	1 EACH	190	480	2	12.0	23.0	6.0
CS FRUIT ,CAN VARIETY	1/2 CUP	58	4	12	0.0	14.75	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		340	548	29	20.60	49.15	7.30
% of Calories		340	0-70	33.7%	24.3%	57.9%	19.3%
N		0.50.55					
Nutrient Guideline		350-500	540				

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

^{1 -} Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Mar 1, 2021 thru Apr 2, 2021

Base Menu Spreadsheet Portion Values - Detailed **ECE HOT BREAKFAST**

Page 4

Generated on: 2/4/2021 12:09:04 PM

	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat
Mon - 03/22/2021		, ,	,		,0,		
ECE HOT BREAKFAST	Total						
CS FR TOAST STICKS	SVG 3STICKS	197	227	7	4.54	28.76	7.57
CS PEACHES, CND, EXTRA LT SYRUP	1/2 CUP	60	5	13	0.0	14.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		387	392	35	15.54	58.76	10.07
% of Calories				36.0%	16.1%	60.8%	23.4%
Nutrient Guideline		350-500	540				
Tue - 03/23/2021							
ECE HOT BREAKFAST	Total						
CEREAL, KIX (ECE ONLY)	BOWL (0.6 OZ)	60	100	2	1.0	14.0	1.0
CS FRUIT CKTL,CND,XTRA LT SYRP	1/2 CUP	60	5	12	0.0	15.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		250	265	29	12.00	45.00	3.50
% of Calories				46.4%	19.2%	72.0%	12.6%
Nutrient Guideline		350-500	540				
Wed - 03/24/2021							
ECE HOT BREAKFAST	Total						
CS WAFFLES,MINI MPLE(KELLOGGS)	PACKAGE	200	220	10	4.0	35.0	5.0
CS PEARS,CND,EXTRA LIGHT SYRUP	1/2 CUP	60	5	12	0.0	16.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		390	385	37	15.00	67.00	7.50
% of Calories				37.9%	15.4%	68.7%	17.3%
Nutrient Guideline		350-500	540				
Thu - 03/25/2021							
ECE HOT BREAKFAST	Total						
CS PANCAKES,CNFETTI (KELLOGGS)	PACKAGE	220	300	11	4.0	36.0	7.0
APPLESAUCE IW CUP (USDA)	1 EACH	51	2	11	0.0	14.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		401	462	37	15.00	66.00	9.50
% of Calories				36.9%	15.0%	65.8%	21.3%
Nutrient Guideline		350-500	540				
Fri - 03/26/2021							
ECE HOT BREAKFAST	Total						
CS BREAKFAST PIZZA	1 EACH	210	350	5	9.0	27.0	7.0
CS FRUIT ,CAN VARIETY	1/2 CUP	58	4	12	0.0	14.75	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		377	479	31	19.10	55.05	8.80
% of Calories				33.4%	20.3%	58.4%	21.0%
Nutrient Cuideline		250 500	E 40				
Nutrient Guideline		350-500	540				

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Mar 1, 2021 thru Apr 2, 2021

Base Menu Spreadsheet Portion Values - Detailed **ECE HOT BREAKFAST**

Page 5

Generated on: 2/4/2021 12:09:04 PM

	Portion Size	Cals (kcal)	Sodm (ma)	Sugars (a)	Protn (a)	Carb	T-Fat
Mon - 03/29/2021	OIZO	(Rodi)	(1119)	(9)	(9)	(9)	(9)
ECE HOT BREAKFAST	Total						
CREAM CHEESE PACKET (KRAFT)	PACKET	70	115	1	1.0	1.0	7.0
BAGEL, PLAIN (BURRY)	1 EACH	180	200	3	7.0	35.0	1.0
APPLESAUCE IW CUP (USDA)	1 EACH	51	2	11	0.0	14.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average	TOARTON	431	477	30	19.00	66.00	10.50
% of Calories		431	411	27.8%	17.6%	61.3%	21.9%
76 Of Calones				27.070	17.076	01.370	21.970
Nutrient Guideline		350-500	540				
Tue - 03/30/2021	1						
ECE HOT BREAKFAST	Total						
CEREAL, KIX (ECE ONLY)	BOWL (0.6 OZ)	60	100	2	1.0	14.0	1.0
RAISINS ,USDA	1BOX	120	5	27	1.0	29.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average	TOAKTON	310	265	44	13.00	59.00	3.50
% of Calories		310	203	56.8%	16.8%	76.1%	10.2%
70 Of Calones				30.070	10.076	70.170	10.270
Nutrient Guideline		350-500	540				
Wed - 03/31/2021							
ECE HOT BREAKFAST	Total						
CS PANCAKES, CNFETTI (KELLOGGS)	PACKAGE	220	300	11	4.0	36.0	7.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		409	461	*36	*15.85	66.95	*9.76
% of Calories				*35.2%	*15.5%	65.4%	*21.5%
Nutrient Guideline		350-500	540				
		1 000 000 1	0.0	I.	1		
Thu - 04/01/2021							
ECE HOT BREAKFAST	Total						
CS WAFFLES,MINI MPLE(KELLOGGS)	PACKAGE	200	220	10	4.0	35.0	5.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		389	381	*35	*15.85	65.96	*7.76
% of Calories				*36.0%	*16.3%	67.8%	*18.0%
Nutrient Guideline		350-500	540				
Weighted Average		363	405	*33	*16.02	57.87	*7.98
Weighted Average		000	700	*82.3%	*17.7%	63.8%	*19.8%

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

^{1 -} Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Mar 1, 2021 thru Apr 2, 2021

Base Menu Spreadsheet Portion Values - Detailed

Page 6

ECE HOT BREAKFAST

Generated on: 2/4/2021 12:09:05 PM

			Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfal		erage	Error Messages (if
				•				•	any)
Calories	363		350 - 500	100%					
Sodium 1 (mg)	405		540						
Sodium 2 (mg)	405		485						
Sugars (g)	33	36.57%			Missing				
Protein (g)	16.02	17.67%			Missing				
Carbohydrate (g)	57.87	63.83%			· ·				
Total Fat (g)	7.98	19.81%			Missing				

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

^{1 -} Trans Fat value is provided for informational purposes only, not for monitoring purposes.